

PR2.A – **TEACHING SOURCES**

Title	Power from Water
Duration	1 session
Age Group	14 – 16 YO
Dimension of the advised group of students Area	One group of 10-20 people Area 1: Reading, writing and literature Area 2: Math Area 3: Second language learning
	Area 4: Sciences
Specific objectives	 Area 5: Soft skills To learn about hydropower To discover forms of alternative energy To conduct an experiment
Needed	- 2-liter plastic soda bottle
Materials	 Ruler Marker Craft knife Scissors 2 corks 1 wooden barbeque skewer Sewing thread (16 inches) Small objects to lift (small fishing sinker, an eraser) Sink Duct Tape Large Funnel Paper clips If the training is organized online one communication platform will be necessary.
Software	 One online communication platform, such us: Zoom, Google Meet, Webex, etc. In person, no software is needed.
Description	Energy can be made, or generated, using solids, gas or liquids as its source of power. Energy can be generated to produce light, heat or the movement of objects. In this experiment, we explore how to get power from water, or hydropower, which can be used to pick up household objects. Hydropower is mechanical energy that is generated by using the motion of water caused by gravity. Hydropower is one of the oldest forms of energy and has been used by humans since 4000 BC! By learning how to make a water wheel with a handful of





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	household materials, we too can harness, or capture, different amounts of water to
	generate our own power.
	Participants will conduct their own experiments and be the protagonists of the
	workshop. If doing an online training, materials are easy enough to find at home or
	could be provided by the organizers.
Procedure on	Duration: 90 minutes
how to put in	No of participants: 10-20
practice	Methods used: experimentation
	Competences developed: research methodology, scientific dwareness
	Sten-by-sten description:
	1 Ask the aroun to name the forms of energy creation they know and their
	advantages and disadvantages. Discuss hydropower in detail and explain the
	experiment is focused on using power to lift an object.
	2. The experiment is as follows:
	a. Using your marker and ruler, measure and mark a few dots 6 cm up from
	the bottom of the bottle. Connect your dots and cut off the bottom using
	the craft knife.
	b. Measure an 8cm section from the cut part of the bottle. Cut out this
	section so that you have a cylindrical section of plastic.
	8 cm
	c. Cut four 2 cm-wide strips from the 8cm section with your scissors. Cut
	these strips in half so you are left with eight curved strips that measure 4
	cm by 2 cm.



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	Cork Paper clip Duct tape
	 Insert one of the skewers into the other cork and tie thread tightly around it. Tie the loose end of the thread to a weight or other small household object.
	i. Place your completed water wheel under a gentle stream of water in your sink. Slowly run water over the wheel so that the plastic pieces on the cork catch the falling water and turn it into mechanical energy.
	Debriefing question: Water has potential energy due to its position above the ground. The higher above the ground the water is, the more potential energy it has. Can you convert more of this potential energy into mechanical energy?
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